

Information sheet for Candesartan

Candesartan is a drug widely used for blood pressure. Although it is not licensed for the prevention of migraine it is used extensively on the Continent and is supported by migraine trial data.

Candesartan has a very low side effect profile but it is best to start at a low dose and work upwards. The recommended starting dose is 4mg. Increase by 4mg every 2 weeks up to a maximum dose of 32mg providing there are no side effects. The patient needs to be on this dose for at least 6 weeks before they can judge whether the medication has been effective or not.

It is expedient to just keep a check on blood pressure during this time although the drug doesn't seem to have an effect on normal blood pressure.

It is good practice to check renal function and potassium at initiation and 2 weeks after every dose increase.

This leaflet is intended to provide a brief overview of aspects of this treatment protocol. It is not intended as a substitute for the comprehensive 'product information' leaflet found inside all boxes of medication. The 'product information' leaflet should always be read before taking medication. **Your prescribing doctor will discuss the risks and benefits of the medication as it relates to you and answer any further questions you may have.**